



# DigRight

## The correct use of technology to prevent digital addictions

Ref. No.: 2024-1-PL01-KA220-SCH-000251896

### Welcome to the 2<sup>nd</sup> Edition of the DigRight Newsletter!




Since our last update, the DigRight project has meaningful progress toward promoting healthier digital habits in European schools.

In this edition, we share our latest progress, upcoming activities, and a sneak peek into what's coming next. Stay with us on this journey to reshape digital well-being in education!

### The DigRight App beta is here!

We're excited to announce that the **beta version of our DigRight App** is now under testing by our partners.

This gamified and interactive tool designed to help students and educators:

-  **Detect risky digital behaviors** through realistic, scenario-based interactions
-  **Promote responsible tech use** with immediate feedback and reflection prompts
-  **Improve digital competencies** aligned with the **DigCmp** framework



Users explore everyday **digital dilemmas**, from **information overload** and to **social media overuse**, by choosing responses to real-life situations and receiving in-app feedback to guide decision-making.

### Why it matters

With digital challenges growing rapidly, students and educators need tools to recognize and manage harmful behaviors. The DigRight App provides exactly that, **in a dynamic, learner-friendly way**.

Currently in **beta testing**, the app is being **piloted across our European project partners**. Feedback from our partner schools is actively shaping the final version, ensuring the tool is intuitive, inclusive, and impactful.

## Coming Soon: The DigRight Educational Kit

Alongside the app, we're developing the **DigRight Educational Kit**, a core project output designed to support **secondary school teachers** in promoting digital well-being across subjects and age groups (**12–18**).



### What's inside?

#### ❖ Theoretical Framework for Teachers

Clear, teacher-friendly chapters on **seven types of digital addiction**

#### ❖ Ready-to-Use Lesson Plans

For each topic, **five adaptable and classroom-ready lesson plans** support different age groups and abilities.

#### ❖ Methodological & Curriculum Guide

Includes **curriculum links, inclusive strategies, and tips** for adapting and assessing activities.



### What's Next?

- 📱 Preparing for the public launch of the full DigRight App
- 📄 Finalize structure and content of the Educational Kit
- 🌐 Transnational Partners Meeting in Istanbul, Türkiye
- 📅 Plan the timeline for upcoming pilot activities

### Follow us

We invite you to follow our journey and contribute to the conversation on digital well-being:

🌐 [www.digright.eu](http://www.digright.eu)



DigRight Newsletter © 2025 is licensed under CC BY-NC-SA 4.0. To view a copy of this license, visit

<https://creativecommons.org/licenses/by-nc-sa/4.0/>

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.